

# TIPS TO LIMIT MY HEALTHCARE EXPENSES

- Insurance fund
- Regular GP
- Local health centre
- Global Medical Record (Gloaal Medisch Dossier, GMD)
- Third party payment system
- Higher reimbursement rate system
- Social maximum invoice system (MAF)
- Generic medicines
- I take good care of my teeth
- I go to the dentist at last once a year
- Agreed flat-rate system
- Public Centre for Social Welfare (OCMW)